Honey-Almond Granola Bars



Ingredients

- 4 tbsp unsalted margarine
- 1/2 cup light brown sugar, packed
- 1 large egg
- 1/2 tsp vanilla extract
- 1/2 cup white whole wheat flour
- 1/4 tsp baking powder
- 1/4 tsp baking soda
- 1/4 tsp salt
- 1/4 tsp cinnamon
- 1-1/3 cups granola

Notes

Number of Portions: 16 Serving Size: 1 bar Nutrition Facts: 116 calories, 4.1 g fat, 0.77 g saturated fat, 87 mg sodium, 19.2 g carbohydrate, 1.28 g fiber, 7.56 g sugar, 1.84 g protein

Directions

- 1. Preheat oven to 350° F.
- 2. Oil a 18 x 13 x 2 inch baking sheet and set aside.
- 3. Cream margarine and brown sugar together. Beat in eggs and vanilla until light.
- 4. Sift flour, baking powder, baking soda, salt, and cinnamon together. Add to creamed mixture, stirring well.
- 5. Stir in granola from the Granola recipe.
- 6. Spread dough in pan and bake in oven for 20 to 25 minutes. Remove from oven and let cool in pan. Cut pan 8x8.



